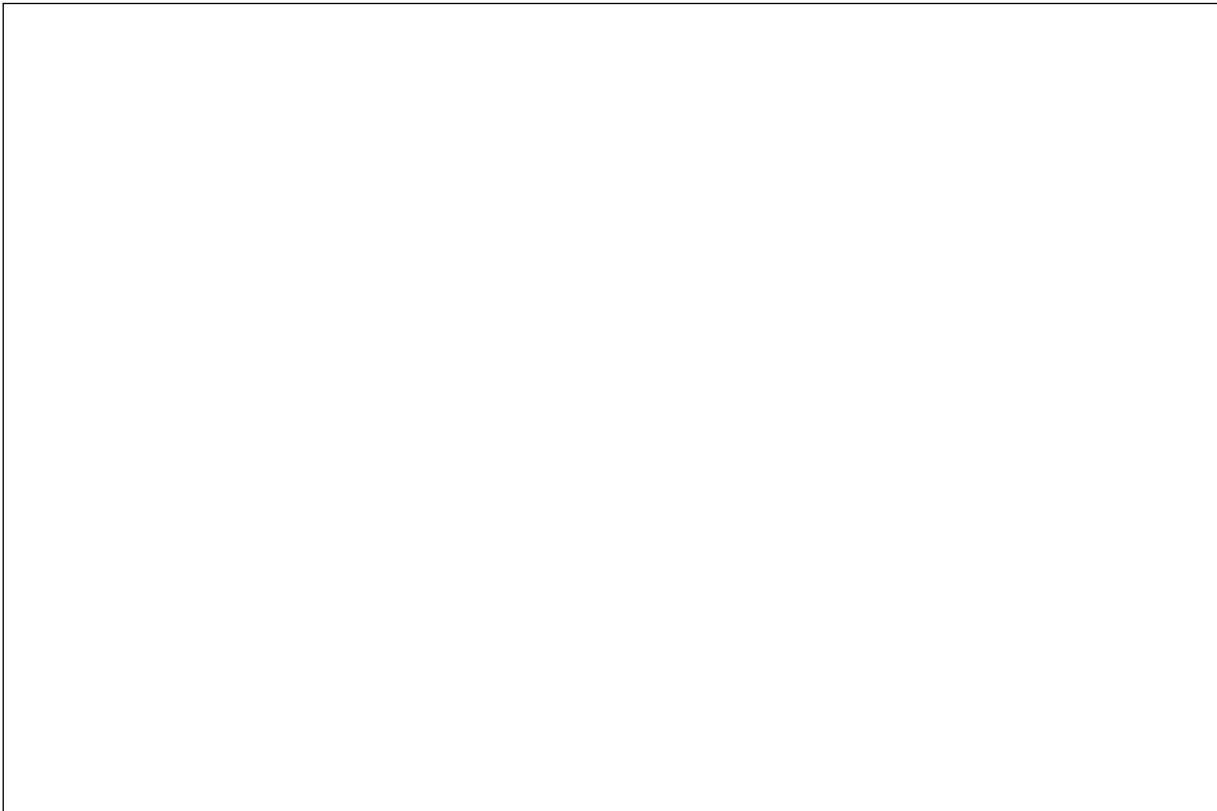


College of Health Sciences News

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: v oo œ}oµ•U o µ] ZŒ]•Ÿv}U ZŒ]•Ÿv ^µu‰U o]}œ (ZŒ')œšÇ}Û šZ EŒ X DžP œµl%
š œ•]v Z} IÀ]oo U D X

1 DWLRQDO , QVWLWXWHV RI + HDOWK RI HUV
DOWHUQDWDLEYUHR WR \$OWDXGW

By Irvin B. Harrell

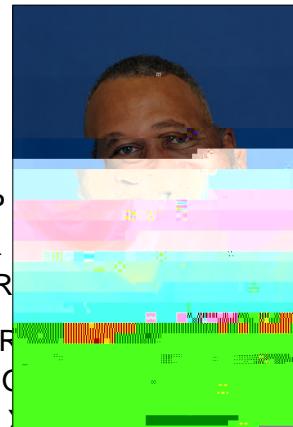
7 KH & HQWHU IRU *OREDO +HDOWK LQ FROODERUDWLRQ
ZLWK VHYHUDO VFKRRDV DQG SURJUDPV LQ WKH & RO
OHJH RI +HDOWK 6FLHQFHV KDG SODQV IRU DQ LQ
WHUSURIHVVLRQDO JURXS RI IDFXOW\ DQG VWXGHQWV WR WUDY
HO WR 6RXWK \$PHULFD DQG WKH & DULEEHDQ WKLV VSULQJ
%XW EHFDXVH RI JURZLQJ FRQFHUQV UHJDUGLQJ WKH =LND
YLUXV RXWEUHDN WKH WULS ZDV VFXWWOHG DQG ZLWK LW
VW-ŒURDG SODQV RI VWXGHQWV ZKR ZRXOG KDYH KDG
D FKDQFH WR OHDUQ ILUVWKDQG DERXW KHDOWK FRQFHHSWV LQ D
GHYHORSLQJ FRXQWU\

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/v(Ÿ}µ•]• • L œ v œoç u}œv]vP À v šœ]
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'HDQ¶V OHVVDJH 'HDQ 6KHOOH\ & OLVKRH 3K '

WH ZUDSSHG XS DQRWKHU RXVVWDQGLQJ DFDGH
FRQJUDWXODWH 'UV -LP %ODQGR DQG &KULVW
)RZOHU IRU WKHLU DZDUG RI WHQXUH DQG SURPRW
SURIHVVRU &RQJUDWXODWLRQV DOVR WR 'UV 0XJ
\$QD -HQJ DQG .LPEHUO\ \$GDPV 7XIWV RQ WKHLU S
WR IXOO SURIHVVRU 6SHFLDO UHFRJQLWLRQ WR W
ZLWKLQ WKH &ROOHJH RI +HDOWK 6FLHQFH V ZKR H
JUDGXDWLQJ DQG JUDGXDWLQJ GHJUHHV IURP WKH ILYH
FLDO WKDQNV WR WKH &2+6 \$GYLVRU\ %RDUG DQG
FRPPLWWHHV WKURXJKRXW RXU VFKRRQV DQG SUR
.XGRV WR (OOLH *DXJ GHQWDO K\JLHQH IRU EHLQ
*UDGXDWLQJ \$OXPLQ \$ZDUG ZLQQHU DQG KHU PRV
DO IDFXOW\ PHPEHU 6KDURQ 6WXOO .XGRV WR &I

FROM THE EDITOR



RQJUDWXODWLRQV JUDGXDW HV DQG KDSS\ VXP
& OHJH RI +HDOWK 6FLHQFHV , NQRZ IRU PDQ\ R
EXW IRU WKRVH RI \RX ZKR JHW VRPH YDFDWLR
\$V \RX\YH SUREDEO\ QRWSQFHGLQH\W KMD &R QDQH\H\H\P\W LRP
DO DQQLYHUVDU\ ZLOO IDOO RQ -XO\ D SDUWLFXO
ZLOO EH KHOG WKLV FRPLQJ IDOO VHPHVWHU DW RI
WKH HY3HDQM\ BQHDVH WDNH D PRPHQW WR VDYH WKH GDWH DQG 5693
7KH SLFQLF ZLOO QRW RQO\ SURYLGH DQ RSSRUWXQLW\ WR VRFLDOL
PHQWV RI WKH FROOHJH IRU WKH SDVW \HDUV DQG KRQRU VHYHUD
ZDUG WR VHHLQJ \RX WKHUH

7DNLQJ- Q\KHH\DOXU VL RQ ZHUH IDFXOW\ PHPEHUV 6KD
URQ 6WXOO GHQWDO K\JLHQH &KULVWLQH 6XPS QXUVLQJ
'HERUDK *UD\ QXUVLQJ GHQWDO K\JLHQH VWXGHQWV -DPLV
%RQDQQR 6DPDQWKD %ODFN DQG 5HEHFFD %HKOLQJ QXUV
LQJ VWXGHQWV -DQHOOH &DUROXV DQG &ODXGLD &KULVWLQR
(906 2'8 0DVWHUV LQ 3XEOLF +HDOWK 3URJUDP VWXGHQWV
7KRPDV 6PDLO DQG (PP\URVH .KDQ DQG 0\ 1JRF 1JX
\HQ D 3K ' VWXGHQW LQ +HDOWK 6FLHQFHV 5HVHDUFK 7KH\
ZRXOG UHQGH]YRXV(\OEW\DUWU1,\$N'SLQDU
%RQDQQR D VHQLRU VDLG VKH ZDV LQLWLDOO\ GLVKH DUWHQHG WR
OHDUQ WKDW WKH *XDWHPDODQ WULS KDG EHHQ VFUXEEHG
³:KHQ , KHDUG WKH QHZV WKH WULS ZDV FDQFH OHG QDWXUDOOR ,
ZDV YHU\ GLVDSSRLQWHG ' VKH VDLG ³, KDG ZRUNHG YHU\
ORQJ DQG KDUG WR SUHSUH IRU WKLV WULS DQG ZDV UHDOD\ ORRM
LQJ IRUZDUG WR WKH H[SHULHQFH RI SURYLGLQJ RUDO KHDOWK
FDUH WR WKRVH LQ QHHG LQ D 7KLUG :RUOG FRXQWU\ '
\$V VKH IRXQG RXW PRUH DERXW WKH =LND YLUXV DQG WKH
WKUHDW LW SRVHG WR WUDYHOHUV LQ WKDW UHJLRQ RI WKH JOREH
GHFLVLRQ VWDUWHG WR PDNH VHQVH VDLG %RQDQQR ZKR JUDG
XDMGW\VPROM
7KH JURXS DUULYHG DW 1,\$,' KHDGTXDUWHUV DERXW D P
DQG DIWHU JHWWLQJ WKH SURSHU FOHDUDQFH WKH\ ZHUH HVFRUWH
LQWR WKH LPSUHVVLYH IDFLOLW\ 1,\$,'¶V PLVVLRQ LV WR SUR
YLGH OHDGLQJ UHVHDUFK WR XQGHUVWDQG WUHDW DQG SUHYHQW
LQIHFWRXV LPPXQRORJLF DQG DOOHUJLF GLVHDVHV 7KH DJHQ
F\ KDV WKODW\H\H\W\GRSHUDWLQJ EXGJHW RI WKH

& RXSOH UHDOL]HV GUH

31HYHU GRXEW WKDW D VPDOO JURXS RI WKRXJKWIXO FRPPLWWHG F
WKH ZRUOG LQGHG LW V WKH RQO\ WKLQJ WKDW HYHU KDV '

±0DUJDUHW 0HDG

6 KDURQ 6WXOO DQG KHU KXVEDQG -RQ KDYH ORQJ GHVLUHG WR FU
W\ IRU GHQWDO K\JLHQH VVXGHQWV DW WKH &ROOHJH RI +HDOWK 6F
IXWXUH FKDQJH DJHQWV RI WKHLU SURIHVVLQRQ 6KDURQ D 6FKRRO
IDFXOW\ PHPEHU KDV EHHQ LQYROYHG ZLWK LQFUHDVLQJ WKH SXEO
VWD\WXS\HFLDOO\ WKRV\MLRQFHV YXOQHUEOH

3, DOZD\V KDG D GUHDP WR EH D GHQWDO K\JLHQLVW ' 6KDURQ VD\V
WU\ DQG DOZD\V EHOLHYHG LQ GHFUHDVLQJ RUDO GLVHDVHV '

,Q WKH 6WXOOV\ YLVLQRQ FDPH WUXH LQ WKH IRUP RI WKH &RPP
+HDOWK ,PSDFW 6FKRODUVKLS 7KH VFKROUVKLS LV IRU DQ\ HQURC
VWXGHQW LQ WKH 6FKRRO RI 'HQWDO +\JLHQH ZKR PDLQWDLQV D
GHYHORSV DQG LPSOHPHQWV DQ H[WUDFXUULFXODU FRPPXQLW\ LPSI
FRPPXQLW\ SDUWQHU DQG SURYLGHV OHWWHUV RI DFFRPSOLVKPHQW
FRPH GDWD DQG D GHVLUH WR SXEOLV\K WKHLU FRPPXQLW\ LPSDFW Z
UHYLHZHG MRXUQDO

6KDURQ DOVR KDV EHHQ D FOLQLFDO YROXQWHHU DV ZHOO DV DQ H
EHU IRU &KHVDSDHNH &DUH ,QF D IUHH PHGLFDO GHQWDO FOLQLF I
RI 9LUJLQLD IRU QXPHURXV \HDUV 6KH KDV EHHQ LQVWUXPHQWDO L
WDEON\DH\WQH\WSURYLGHRXUDJD

6KH DOVR ZDV SUHVLGHQW RI WKH 2UDO +HDOWK ,PSURYHQLWWKH 2U

REPRINT FROM THE VIRGINIAN -PILOT

9L U J L Q L D ¶ V F U L W L F D O Q H H G

\$6 \$ '2&725 DQG SXEOLF KHDOWK SUDFWLWLRQHU , NQRZ WKDW LPS
LQJ FOLPDWH FKDQJH VDYHV OLYHV DQG HQVXUHV WKDW FKLOGUHQ
DQ RSSRUWXQLW\ IRU D KHDOWK\ VWDUW LQ OLIH

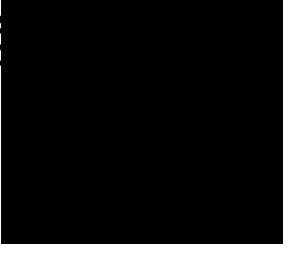
7KDW¶V ZK\ , ZDV SOHDVHG WR KHDU WKDW *RY 7HUU\ 0F\$XOLIIH UH
LQJ UREXVW DQG HQIRUFHDEOH DLU SROOXWLRQ VDIHJXDUGV WR OL
SODQWV LQ 9LUJLQLD DV RXWOLQHG LQ WKH &OHDQ 3RZHU 3ODQ

8QIRUXQDWHO\ WKH B\6D &RSWUH RI &RQGHUWGRWKH GPLQLVWUD
WLRQ RI 3UHVLGHQW %DUDFN 2EDPD WR VWDQG GRZQ RQ LPSOHPHQW
XQWLO WKH SUHVLGHQW OHDIYHV RIILFH QH[W \HDU 2EDPD DQG WKH
XQYHLOHG WKH SODQ LQ \$XJVW DV D FULWLFDO VWHS LQ FXUELQJ

:H PXVW FRQWLQXH ZRUN WR UHGXFH FDUERQ SROOXWLRQ 7KH KHD
SODQ WR DGGUHVV WKLV LVVXH ZRXOG EH VLJQLILFDQW ZKLOH GHQ
EOH FRPPXQLWLHV- QUHRHFG WHGWUHLOQJHPXURP WKH ULVNV RI DLU SROOXW
FKDQJH

\$LU SROOXWLRQ IURP SRZHU SODQWV GULYHV FOLPDWH FKDQJH DQG
QDWLRQZLGH 7KH FRQGLWLRQ DIIHFVW DQ HVWLPDWG SHUFHQW

h %o } u] v P À v š



D Ç

OD\ 6HVVLRQ FODVVHV EHJLQ

OD\ 5HWLUHPHQW UHFHSWLRQ IRU)D\H &ROHPDQ D
DW S P

OD\ OHPRULDO 'D\ +ROLGDI

: μ v

- X Q H 6HVVLRQ H[D PV

- X Q H 6HVVLRQ FODVVHV EHJLQ

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