

Certified Alcohol and Drug Counselor

What is a Certified Alcohol and Drug Counselor?

According to the International Certification and Reciprocity Consortium (IC&RC) the Certified Alcohol and Drug

- Counseling individuals or groups and implements therapeutic treatment plans to resolve addictions to drugs or alcohol.

How Do I Become Certified as an Alcohol and Drug Counselor (CADC)?

Pursuant to regulations adopted by the Board, an applicant for certification as an alcohol and drug counselor shall submit evidence satisfactory to the Board that the applicant has

A.

recognized by the Board; and

B. **Accumulated 4,000 hours of experience** providing direct, primary alcohol and drug counseling to persons whose primary diagnosis is that of alcohol and/or drug addiction. An applicant must have primary responsibility for providing counseling in an individual and/or group setting, preparing treatment plans, documenting client progress and is clinically supervised by an individual who is knowledgeable in addiction

C. **Obtained 200 hours of Supervision** a minimum of 10 hours in specific domains. Applicant's supervisor must hold an active reciprocal certification with VCB or document another certification or license.

D.

While you will be required to complete your residency and examination requirements after graduation, The Virginia Certification Board has APPROVED the following Old Dominion University substance abuse track to fulfill the didactic requirements of this credential:

HMSV 491: Family Guidance 3 cr
HMSV 341: Introduction to Human Services 3 cr
HMSV 444: Psychoeducational Groups 3 cr
HMSV 447: Introduction to Substance Abuse 3 cr
HMSV 452: Substance Abuse Treatment and Research 3 cr
HMSV 368: Field Observation in Human Services 3 cr
HMSV 468: Internship in Human Services 12 cr *** *

New for 2017- Recently Added Courses

HMSV 449: Crisis Intervention, Prevention and Ethics (formerly Theories and practice of prevention) 3 cr
HMSV 343: Human Service Methods 3 cr –

Didactic Course Descriptions and Prerequisites

HMSV 341. Introduction to Human Services. 3 Credits.

Students will learn about human services, the helping process, and the role and function of the human service worker. Students will be exposed to local and state human services. A grade of C or better is required. Prerequisites: ENGL 211C or ENGL 221C or ENGL 231C

HMSV 343W. Human Services Methods. 3 Credits.

Presents theories and techniques used by human services workers in a variety of settings. A grade of C or better is required. (This is a writing intensive course.) Prerequisites: A grade of C or better in ENGL 211C or ENGL 221C or ENGL 231C. Pre or corequisite HMSV 341.

HMSV 444. Psycho-educational Groups. 3 Credits.

This course combines lectures and experiential learning about psycho-educational groups. Principles and practices for developing and leading psycho-educational groups are emphasized.

Prerequisite: HMSV 341

EMC>

HMSV 468. Internship in Human Services. 12 Credits.****

This course involves field placement in a human services setting. Approximately 400 hours are devoted to field placement, group seminars and individual supervision. A grade of "C" or better must be earned to complete the human services major. (qualifies as a CAP experience) Prerequisites: completion of all coursework including General Education requirements, core courses, major courses, and elective courses with a grade of C or better HMSV 341, HMSV 343W, HMSV 368, and HMSV 440W and program approval.

How Does the CADC Compare to the CSAC?



CSAC or CADC?

Certified Substance Abuse Counselor

- **Requires a minimum of a Bachelors degree**
- **2,000 residency hours (must be pre-approved)**
- **220 hours of addiction education**
- **Will cost a total of \$300 from registration to receipt of your certification after passing exam**
- **Renew annually for \$65**
- **No Continuing education (CEU) required**
- **VA employers may request this credential**
- **Cannot bill insurance companies directly**

Certified Alcohol and Drug Counselor

- **Can be obtained at the Bachelor level**
 - **4,000 hours residency (no pre-approval)**
 - **300 hours of addiction education**
 - **Will cost \$350 to register for exam**
 - **Renew every 2 years for \$150**
 - **Requires 40 hours of CEU every 2 years**
 - **Transfers to other states and internationally (accepted in VA)**
 - **Allows you to bill Medicaid insurance**
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Common Questions and Answers:

1. How do I get started with this credential?

A:

This course sequence is open to all human service majors and minors as well as degree-seeking students at Old Dominion University. Meet with your advisor to determine how best to fit this course sequence into your degree requirements.

2. What if I have already taken some of the courses before the sequence was offered?

A:

If you have already taken many or all of the courses before the spring of 2016, you may still apply for the C credential however Old Dominion University cannot guarantee that the course structure and format at the time of your enrollment will be sufficient for ADC credentialing.

3. How does this substance abuse track affect my internship and field observation requirements?

A:

If you are taking the substance abuse track for ADC certification, you will be required to select a substance abuse setting for your internship placement (there are no restrictions on the setting for HMSV 368 field)ob

Common settings for substance abuse include but are not limited to:

- a) Outpatient practices
- b) Residential treatment centers

